

Press Release

Nostalgia and Selfhood Becoming

From 6th October to 11th October 2025, the exhibition “Nostalgia and Selfhood Becoming” will be on view at Fitzrovia Gallery. Featuring photography, moving image, and painting, the group exhibition explores memory, spirituality, and identity in the continuous navigation for selfhood in contemporary society, reflecting on how personal and collective experiences shape contemporary understandings of the self. Participating artists include K M Bosy, Lukas Leisinger, Melissa Magg, Yaxuan Liao, and Zesheng Li, and the exhibition is curated by Ruoru Wang.

The exhibition is organised thematically around concepts in three different layers: “Memory and Nostalgia”, “Spiritual Exploration” and “Identity”. Within these sections, the artworks reflect different artists’ perspectives on how individuals navigate memory, belief, and selfhood in modern society. K M Bosy investigates the interaction between individual perception and the natural environment, using light, space, and the body to evoke the fluidity of self-awareness. Melissa Magg examines cultural portrayals of vulnerable women through dreamlike, figurative paintings, revealing the tension between fear, desire, and female agency. Lukas Leisinger uses oil painting to blend personal and archival imagery, creating unsettling scenes that question nostalgia, memory, and perception. Yaxuan Liao visualises psychological states and memory through moving images, translating inner emotions and cognition into immersive visual experiences. Zesheng Li combines landscape, spirituality, and animal interactions in meditative photography, inviting reflection on the intersection of time, space, and consciousness. Together, these artists offer a multifaceted exploration of how memory, spirituality, and identity shape contemporary experience.

Memory, reflection, and identity shape how the self is experienced in contemporary life, often in subtle and multifaceted ways. By bringing together diverse artworks, “Nostalgia and Selfhood Becoming” offers a renewed perspective on these ongoing processes. Across different media, the exhibition traces how nostalgia, perception, and transformation inform artistic exploration, and the questions it raises about how we remember, imagine, and inhabit the self remain compellingly relevant today.

Special thanks to London Art Collective for supporting and sponsoring the exhibition.